



Friendly Calling Program

What is Friendly Calling?

A program aimed to encourage seniors to live independently at home and enrich quality of life.

How?

Through a weekly phone call by a volunteer, connecting you to community services/events, information and overall offering a

FRIENDLY EAR!

Funding By...



BENEFITS

- ✓ Feel connected to your community with services/events and information available
- ✓ Feeling included
- ✓ Build long lasting friendships
- ✓ Can reduce long-term health concerns
- ✓ Someone to talk to

Dundas Community Services (905) 627-5461