

Children's Day Respite

For Ages 6 to 17

Community Living Hamilton is proud to offer Respite Service. The service expands the options for respite available in our community by providing children and youth with a day respite option on Saturdays and Sundays.

Located in our recently renovated and fully accessible 22 Leeming Street.

Our team of qualified and enthusiastic staff will provide your child with a day of fun, meaningful and safe activities emphasizing recreation, crafts, community outings and relationship building.

How to Participate?

Children and Youth who meet eligibility criteria can be referred by Contact Hamilton and participate through a monthly visit provided under a funding agreement with the Ministry of Community and Social Services and the Ministry of Child and Youth Services.

OR

This service is available through a fee for service arrangement at a rate of \$50 per day. This is an excellent option for those families receiving SSAH funding who are hoping to expand the options available to their children.

Hours of Operation

Saturday and Sunday

9:00 am - 4:30 pm

Children will bring their own lunches

Healthy snacks will be provided

Arrival Time 9:00 am - 9:30 am

Children will arrive at 22 Leeming St. for Day Respite. Staff will greet families and complete arrival paperwork required. Children will then go into the cafeteria for a snack of fruit and independent activities.

Music Activities 9:30 am - 10:00 am

Children will be encouraged to participate in a musically themed activity in the Leeming music room or gym area as required. This activity will encourage independent movement, rhythm and provide positive sensory experiences.

Activities may include: dancing, singing, learning rhythms with musical instruments and/or listening to different genres of music.

Active Games 10:00 am - 11:00 am

Children will be encouraged to develop their gross motor skills as well as increasing physical fitness by organized programs held in the outdoor yard or indoor gym (Weather permitting). Children will be given opportunities to play sports, use gym equipment such as balls, hula hoops and beanbags as well as participate in cooperative games which will provide opportunity for socialization and an increase in physical activity.

Cooking & Baking 11:00 am - 11:45 am

Children will work together to learn how to bake and cook from a recipe. Children will not only assist the staff in preparing the food items, they will also learn about kitchen safety, how to use different kitchen equipment and the importance of cleaning up afterward.

Lunch 11:45 am - 1:00 pm

Children will eat lunches they brought to the program in the cafeteria.

Arts & Crafts 1:00 pm - 2:00 pm

Children will be encouraged to use their artistic talents to create different themed projects in the Leeming craft room. A variety of art supplies will give children the opportunity to experience different methods of expression as well as developing fine motor skills. Additionally, many of the art projects will provide sensory experiences.

Games & Movies 2:30 pm - 3:30 pm

Children will be given freedom to use board games, independent toys such as cars, trains and puzzles, or watch a movie in the theatre room. Staff will encourage children to interact with each other, as well as modeling important concepts such as taking turns and sharing. Child pick-up will occur during this time frame.

For More Information, Please Contact:

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